

# Accessing the MindHealth Course

Until the final version of the Mindhealth course is completed, the access to the course is restricted. For testing purposes, we gladly provide access. However, each registration needs to be activated individually. Please excuse the additional effort.

In order to get access to the mindhealth test version two steps are necessary:

## Step 1 - Please register a member account on the Website

Please note that if you have only registered for one of the following newsletter ENMHP, MindHealth, MHPHands, ProMenPol you still need to create a member account.

If you already have a ProMenPol member account you may skip Step 1, Step 2 is still necessary.

The Mindhealth-website is part of the ENMHP Portal, which also included the ProMenPol-Website, which provides you with the possibility to either use the ENMHP member registration in English or alternatively the ProMenPol Member Registration in German, Finnish or Estonian.

You find the ENMHP Member Registration on the right hand side of the Portals' start page:

http://www.mentalhealthpromotion.net/

You find the German ProMenPol member registration on the right hand side: <a href="http://www.mentalhealthpromotion.net/?i=promenpol.de">http://www.mentalhealthpromotion.net/?i=promenpol.de</a>

You find the Finnish ProMenPol member registration on the right hand side: <a href="http://www.mentalhealthpromotion.net/?i=promenpol.fi">http://www.mentalhealthpromotion.net/?i=promenpol.fi</a>

You find the Estonian ProMenPol member registration on the right hand side: http://www.mentalhealthpromotion.net/?i=promenpol.et

Becoming a member and registering is free of charge.

For the registration, you are asked to provide an e-mail-address. In the next step you are additionally asked to provide further information. If you wish you may make these information public to other registered members.

If you haven't already subscribed to the newsletter, you may do so as well. The newsletter is also free of charge.

When you have completed the registration procedure, you will receive and e-mail in order to confirm the registration.

#### Step 2 - Send E-Mail to hohenstein.rena@baua.bund.de

If you are interested in testing the Mindhealth-course and you want to have a look at the first version, please send an e-mail to Ms Rena Hohenstein (hohenstein.rena@baua.bund.de, Subject: Access to mindhealth course)

You would have to notify Ms Rena Hohenstein, even if you are already a registered member.

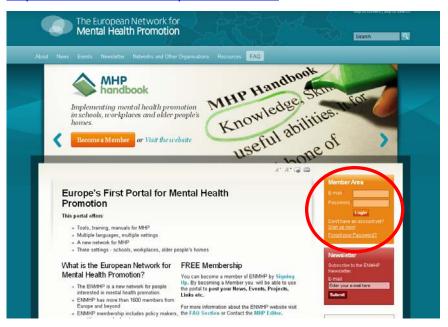
Feel free to invite colleagues and other people who might be interested to evaluation the mindhealth website. One e-mail, which lists several e-mail addresses, is sufficient.



The e-mail addresses received will only be saved until the access to mindhealth course is complete. They will not be used for other purposes and/ or handed to third parties.

### 1) Member registration at the ENMHP Website:

http://www.mentalhealthpromotion.net/



Please follow the link
Sign up now!

OR

#### Signing up at the PromenPol-Website:

http://www.mentalhealthpromotion.net/?i=promenpol.de (German)
http://www.mentalhealthpromotion.net/?i=promenpol.fi (Finnish)
http://www.mentalhealthpromotion.net/?i=promenpol.et (Estonian)



Here you find the Members Area

#### 2) Entering a valid e-mail adress





Please provide the e-mails adress you wish to use for registration purposes and submit it

#### 3) Providing further information

Here you may either make your profile public to other registered member and/ or subscribe to the newsletter

